

TAKE IT TO ART

ONLINE MENTORSHIP PROGRAM



A WORD ABOUT SUPPLIES:

There is literally a cornucopia of supplies out there for artists these days! And it seems new products appear on store shelves/websites with a furious frequency. It's my hope that this handy little handout will reduce your feelings of overwhelm and help get you on the road to creating your masterpieces!

I am writing this during COVID lockdown which makes gathering your supplies more challenging. For that reason, I'm offering to have a basic starter supply kit **shipped DIRECTLY TO YOU!** *No hassles or excuses.* ;) I will use Amazon to drop ship the kit to you --you pay for the cost of the supplies, but I gather & order them for you. When you register for "TAKE IT TO ART" just choose this option and fill in your address & I'll get it to you as soon as I can (takes 3-4 days on average).

If you prefer, feel free to shop at ANY local art store. For one-stop shopping and the best prices in Canada, I would suggest Michael's (order online, curbside pickup or delivery).

What you'll need to get started:

1. SOMETHING TO PAINT ON.

BASIC CANVASES: For this course, 16"X20" is best (large enough to make learning easy, but not too huge).

My favourite source for these is Michael's 'Everyday Value' multi-packs—the most economical way to buy practice canvases that I know of.

<https://canada.michaels.com/en/artists-loft-necessities-canvas-value-pack-16inx20in/10204595.html>

In the kit I ship out, there are 6 canvases to get you started (you will use a minimum of 2 per month).



I know art supplies can be confusing and overwhelming, so if you're new to art-making, feel free to go for my offer to ship the items to you--no fuss, no muss!

2. MARK-MAKING SUPPLIES.

You will need basic items to make marks with. I don't include these in the kit I ship to you because I know most of you will have these things around the house...

MARKERS: Sharpies or other permanent markers of any colour (not the water-based children's markers).

PENCILS or PENS: We won't be using these much, but you probably have lots lying around.



3. PAINT.

In the kit I ship to you, you will receive the basic colours you will need in a Grumbacher set (fairly good quality paint). This set will last you 2 or 3 months depending on how much you use. If you are a keener and paint more (like me), you'll run out sooner. :)

BASIC COLOURS: Black, white, raw umber (brown), yellow, red, blue. (incl in the Amazon kit).

In case you're shopping on your own, a word about paint brand and quality... On a budget, my favourite brands by far are “Artist Loft” or “Basics” (sold at Michael’s). Here is the link for white and you can take it from there:

<https://canada.michaels.com/en/acrylic-paint-by-artists-loft-4oz./10135009.html>



I just know that once you get acquainted, you are going to fall in love with your new passion!

4. BRUSHES

Note: Because brushes can be the most costly investment you make at the start, I have limited the Amazon starter kit to a set of flat brushes and a set of round brushes. These are good to start out with. If you want to go full-in, I've listed a few other beloved brushes below:



FLAT BRUSH: A 1" or 1.5" flat brush. Simply a must-have to lay that paint down quickly & beautifully.
<https://canada.michaels.com/en/simply-simmons-flat-wash-brush/10472892.html>

ROUND BRUSHES: A #8, and a #2 is what I used in the lesson. But the exact sizes are not that important, and if you only want to buy one size, that will do fine. <https://canada.michaels.com/en/simply-simmons-short-handle-round-brush/10472909.html>

FILBERT BRUSH: A nice brush for rounded edges and soft marks.
<https://canada.michaels.com/en/simply-simmons-filbert-brush/10472859.html>

FAN BRUSH: Buy a #2 size fan brush. It is useful for painting interesting marks and lines you don't get with other brushes.
<https://canada.michaels.com/en/simply-simmons-fan-blender-brush/10472851.html>

LINER BRUSH: Size 2 or larger is great... this brush makes incredible fluid lines. <https://canada.michaels.com/en/soft-grip-script-liner-brush/10329368.html>

5. TEXTURE TOOLS.

PLASTIC PALETTE KNIFE SET: A very economical set of 5 different sizes. I have included this in your Amazon starter kit. If you prefer, it's also sold at Michael's here:
<https://canada.michaels.com/en/plastic-palette-knife-set-by-artists-loft-6ct/10291166.html>.



PUTTY KNIFE: (optional) The kind you probably have in your garage for putting your walls.

Things you may have around the house:

--a no-longer-needed *comb* or '*adhesive spreader*'.

These are used to carve rows of lines into wet paint and make fascinating marks. Toothpicks, plastic fork, round lid, old toothbrush, sponges, rags, spatulas..... The only limit here is your imagination.

**It's so fun to achieve a childlike
freedom with the supplies!**

6. SPRAY BOTTLE (optional). You can just use an old cleaner spray bottle filled with water.

7. TABLE COVERING. Acrylic paint is difficult to remove from surfaces, so if you care about your table, please cover it.

8. RAGS OR PAPER TOWELS.

9. WATER BUCKET. Mason jars or plastic yogurt containers work well.

10. PALETTE.

PALETTE PAPER PAD: Disposable palette sheets that feel like wax paper. This is my preference, and there is a pad included in the Amazon starter kit which will last you a REALLY long time.

If you would rather get one at Michaels, you can find one here:

<https://canada.michaels.com/en/paper-palette-pad-by-artists-loft-9in-by-12in/10552994.html>

IMPROVISE: You can put some wax paper in an old cookie sheet and that would do. Or use a plastic plate or tray. This may appeal to the do-it-yourselfer! The trick is it has to be taped down very securely as it's frustrating when it shifts around while you are working.

PLASTIC PALETTE: If you decide to go this option, buy a plastic one that is flat (no little cubby holes), and at least roughly 9X12. Biggest downside to these is keeping them clean (yeah I'm lazy!). There is one here at Michaels: <https://canada.michaels.com/en/default/10063515.html>

When you approach an empty canvas, you
feel the sacred 'hush' of possibility.

11. OLD CLOTHES OR AN APRON.

12. TABLE EASEL (optional):

An easel isn't necessary for this course. However, it will make painting a bit easier. I didn't include it in the starter kit to keep the cost down for hobbyists, but if you want to go all in, you can get a table easel for about \$30 at Michael's: <https://canada.michaels.com/en/compact-table-top-easel-by-artists-loft/10194059.html>

A quick note: If at any time during the course you have questions, or would like me to order you additional supplies, you only need to ask! I'm here to help!

TIME TO FALL IN LOVE WITH PAINTING!!